

*a' cancelled*

5. A method according to claim 4 including varying said load impedance by an amount dependant upon the sensed speed of said energy conveying link.

6. A method according to claim 2 including monitoring the rate of arrival of said input energy, and controlling the mechanical impedance of said generator in response to said monitored rate.

7. A method according to claim 6 wherein said monitoring is performed by sensing the speed of an energy conveying link of the system.

8. A method according to claim 7 including varying said load impedance by an amount dependant upon the sensed speed of said energy conveying link. --